

DIVINE Manifestation

MEENA SANSANWAL





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PHOTOGRAPHY: RAJ SALHOTRA
BOOK DESIGN: MUKESH K MISHRA

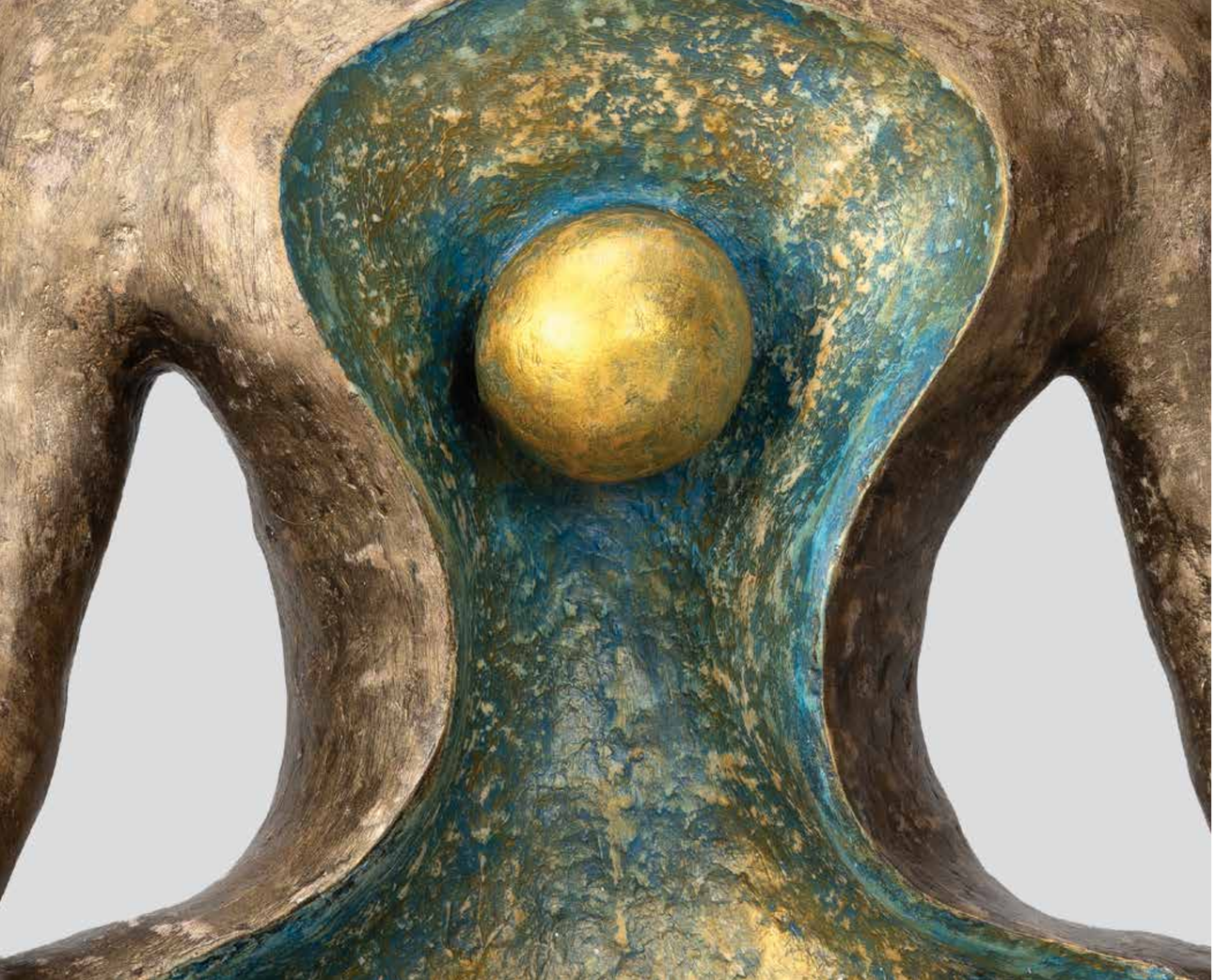
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WITH THE ARTIST AND NAMTECH FINE ART

DIVINE Manifestation

MEENA SANSANWAL

BLACKCUBE
NFA
NAMTECH FINE ART



FOREWORD

Meena Sansanwal's art invites us into a world where the female form, divinity, and imagination come together as one. Her paintings and sculptures grow from deep inner reflection, turning emotions, memories, and dreams into symbolic shapes. The woman becomes a cosmic figure, holding within her the energies of nature and the universe. Horses and owls appear as gentle guides - fantastical beings that express intuition, freedom, and protection. Through vibrant colour, symmetry, and flowing forms, Meena reveals an inner landscape filled with harmony, mystery, and spiritual beauty. This publication celebrates her evolving journey from 2016 - 2025 and the universe she creates through her art.

NFA
NAMTECH FINE ART

FEMININE COSMOLOGIES: THE DIVINE AND THE FANTASTICAL IN THE ART OF MEENA SANSANWAL

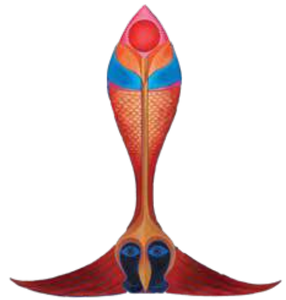




Meena Sansanwal's artistic universe unfolds as an intricate cosmology in which the female form, divinity, and the fantastical are not merely subjects but living energies. Across paintings, paper mache sculptures, and mixed-media installations produced over nearly a decade, Sansanwal constructs a visual language rooted in union, transformation, and the symbolic theatre of the mind. Her works emerge from what she describes as a cathartic bridge between the conscious, subconscious, and unconscious mind, a site where forms are first sculpted within, before taking shape on canvas. At the centre of this cosmology stands the female figure - not as a portrait of womanhood alone, but as a primordial vessel, the Shakti and Prakriti from which all other forms emanate. Across her practice, the female body becomes a cosmic mandala, containing the five elements, the cyclical rhythms of nature, and the ascent toward higher consciousness. The body becomes landscape, sanctuary, stairway, and fertile ground upon which the apple tree of life grows.

This fusion of body and cosmos is a hallmark of her practice: the woman is simultaneously mundane and transcendental, earthly and divine. Her engagement with the feminine expands into mythic and archetypal realms, exploring the maiden, mother, and sage: three aspects of womanhood drawn from global mythologies and Jungian archetypes. These forms subconsciously tap the unconscious self, evolving into biomorphic and polymorphic amalgams where woman, landscape, and animal interpenetrate. Here, the feminine is not linear but cyclical; not singular but infinitely plural.

While the female form is the anchor, Sansanwal's symbolic universe is animated by horses and owls, motifs she uses as fantastical extensions of the psyche and meditative thought - a union of her inner and outer consciousness. Her horses are shaped by years of personal fascination and philosophical inquiry, acting as spiritual emissaries, embodiments of intuition,





freedom, and companionship. She says, "My horses are universal forms of love... They narrate stories of my imagination... They are healers." These angelic horses then become narrators in a rhythmic garden of sound and transformation, connected through violins whose vibrations move through the floral and human forms. Owls, similarly, enter her practice as cosmic sentinels: guardians of night, keepers of intuition, embodiments of clarity and inner vision. The bird becomes a composite being, merging feminine energy, wisdom traditions, and dreamlike morphology. These fantastical forms reflect her imagination that acts as a visual dictionary of her mind, and what emerges across these works is not fantasy for its own sake but a metaphysical investigation into the nature of being.

Sansanwal's recurring use of symmetry, reflection, overlapping, and amalgamation enacts the philosophical idea that all forms contain many forms; that multiplicity, not singularity, is the essence of existence. Her masks, too, become the theatre of the mind, portals through which emotions, memories, and spiritual energies transform into visual allegories.

This interplay of female divinity, mythic animal companions, and fantastic metaphors of the mind reveals Meena Sansanwal's practice as a sustained journey of inner excavation. Each artwork is an act of self-discovery, a step toward what she calls "a trance-like state" where creation flows through divine energy. Her forms are fluid, multilayered, and luminous - inviting viewers into a world where the sacred and the surreal intermingle, where the feminine is the cosmos itself, and where imagination becomes a pathway to spiritual awakening.

Sanya Malik
Curator and Director,
Black Cube Gallery

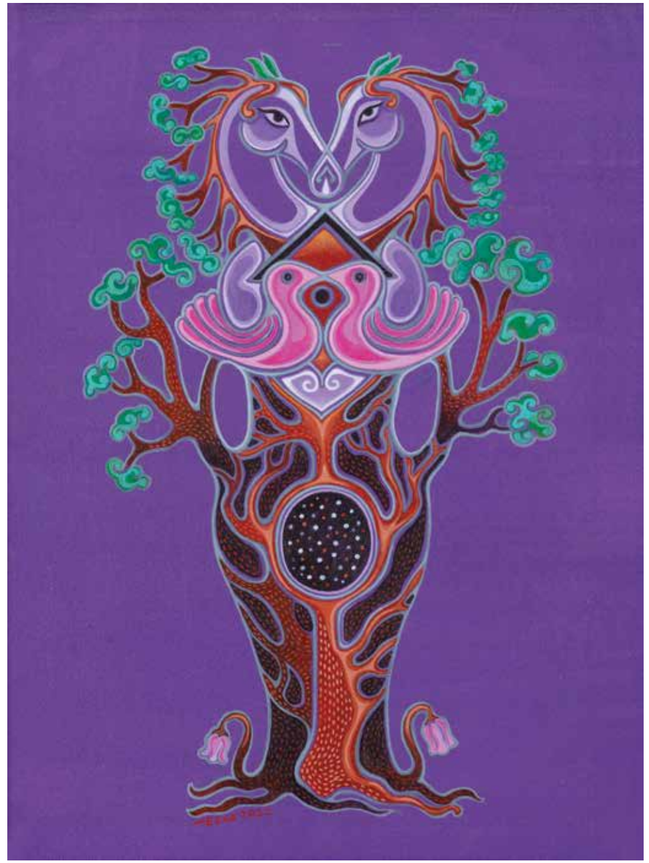


“I AM A SEEKER IN THIS NATURAL WORLD.”

ACRYLIC ON CANVAS

UNTITLED 2 | ACRYLIC ON CANVAS | 19" X 15"







UNTITLED 1 | ACRYLIC ON CANVAS | 15" X 9"



UNTITLED 2 | ACRYLIC ON CANVAS | 15" X 9"



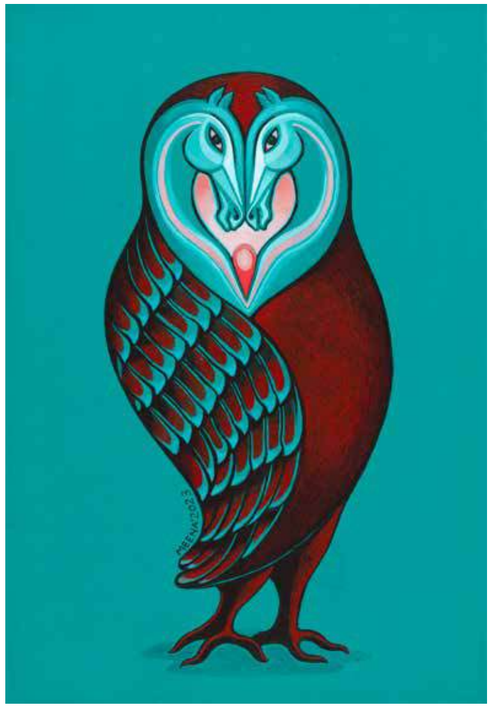
UNTITLED | ACRYLIC ON CANVAS | 19.5" X 13"



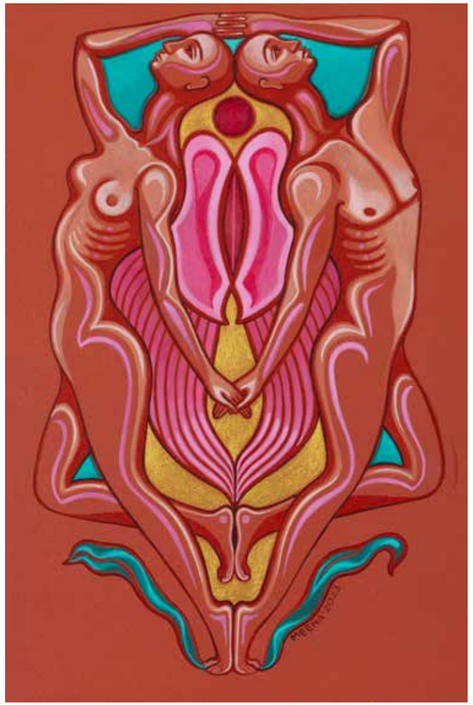
CRADLE | ACRYLIC ON CANVAS | 19.5" X 13"



UNTITLED | ACRYLIC ON CANVAS | 12″ X 8″



CRADLE | ACRYLIC ON CANVAS | 12″ X 8″



UNTITLED | ACRYLIC ON CANVAS | 12″ X 8″

UNTITLED | ACRYLIC ON CANVAS | 24" X 24"





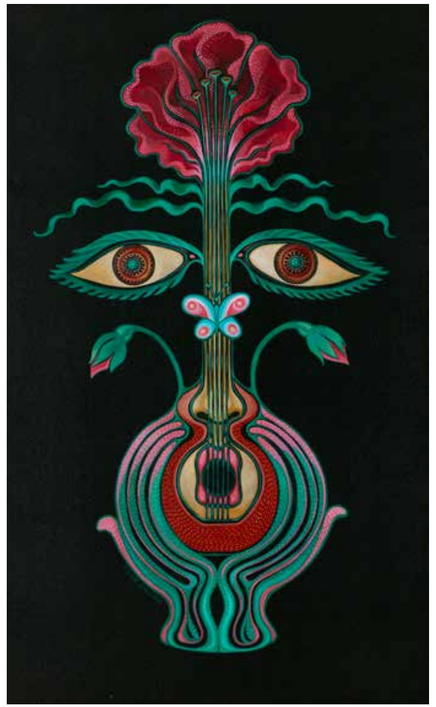
CREATION | ACRYLIC ON CANVAS | 40" X 60"



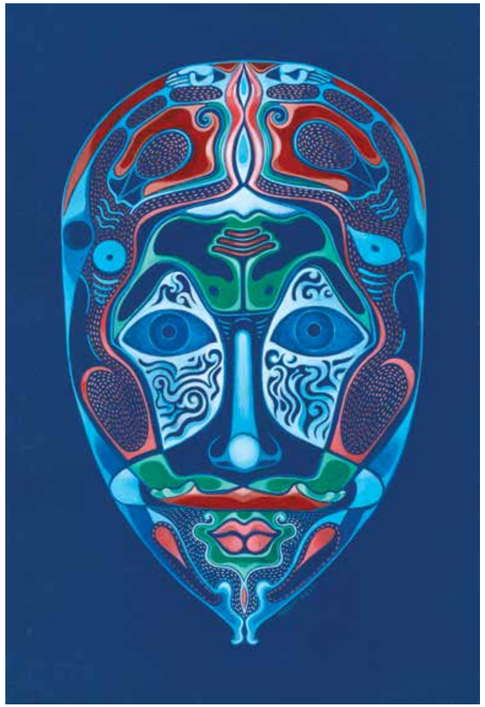
“FOR ME, ART IS TO KNOW THE DEEPEST SELF. IT IS LIKE A FLOWING RIVER OF EXPRESSION.”



VACATION | ACRYLIC ON CANVAS | 28″ X 16″



ALLEGORY | ACRYLIC ON CANVAS | 25″ X 15″



UNTITLED | ACRYLIC ON CANVAS | 22″ X 15″



UNTITLED | ACRYLIC ON CANVAS | 12″ X 12″



CRADLE | ACRYLIC ON CANVAS | 12″ X 12″





UNTITLED | ACRYLIC ON CANVAS | 12″ X 12″ (EACH)



SYMPHONY OF NATURE | ACRYLIC ON CANVAS | 72" X 48"





UNTITLED | ACRYLIC ON CANVAS | 13″ X 7″



UNTITLED | ACRYLIC ON CANVAS | 16″ X 12″



WISE OWL | ACRYLIC ON CANVAS | 16″ X 12″



ACROBATS | ACRYLIC ON CANVAS | 12″ X 12″



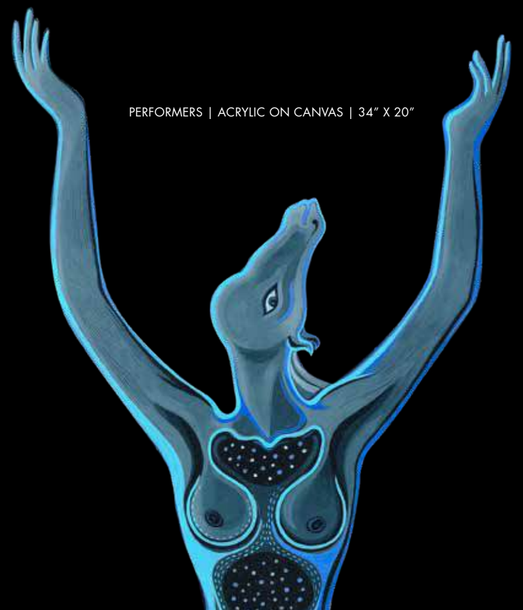
ACROBATS | ACRYLIC ON CANVAS | 12″ X 12″



UNTITLED | ACRYLIC ON CANVAS | 15″ X 15″



ALLEGORY | ACRYLIC ON CANVAS | 15″ X 15″



PERFORMERS | ACRYLIC ON CANVAS | 34" X 20"



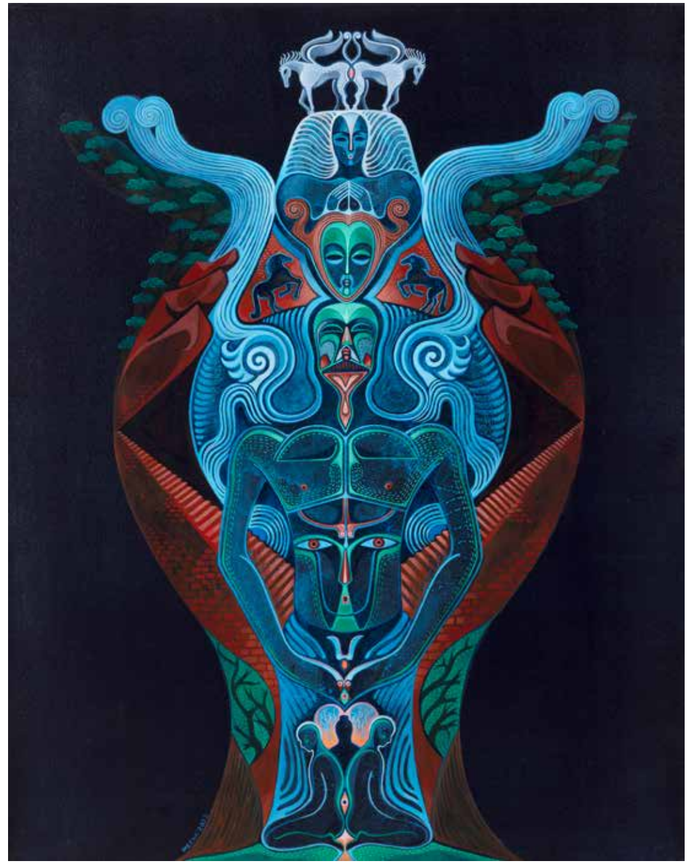
MYRIAD LANDSCAPE | ACRYLIC ON CANVAS | 22" X 36"





MUSINGS | ACRYLIC ON CANVAS | 36″ X 22″

FROZEN FALLS | ACRYLIC ON CANVAS | 30″ X 24″



SYMPHONY OF NATURE | ACRYLIC ON CANVAS | 60" X 48"





ABODE | ACRYLIC ON CANVAS | 48″ X 48″

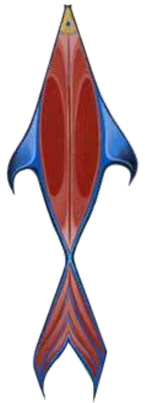


ACOUSTIC DREAM | ACRYLIC ON CANVAS | 30″ X 24″



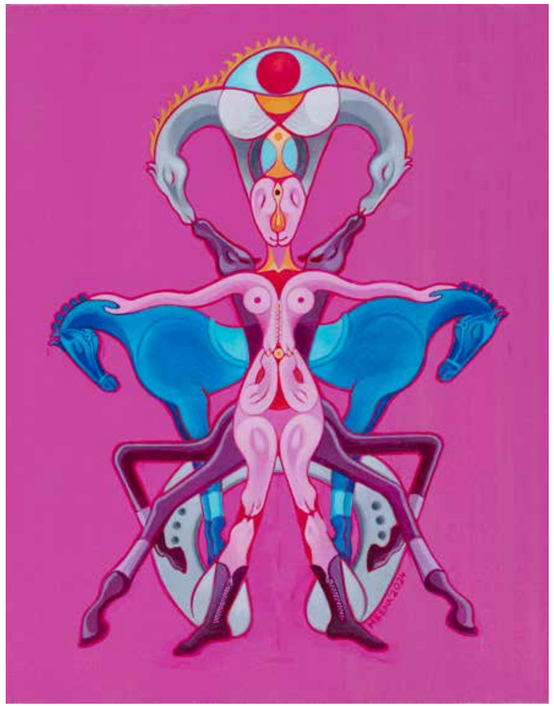
FIVE ELEMENTS OF NATURE | ACRYLIC ON CANVAS | 36″ X 24″

MATSYA KANYA | ACRYLIC ON CANVAS | 48" X 26"





HORSE GARB 1 | ACRYLIC ON CANVAS | 15″ X 12″



HORSE GARB 2 | ACRYLIC ON CANVAS | 15″ X 12″



COSMIC PATTERN | ACRYLIC ON CANVAS | 30″ X 24″

TIME AND SPACE - THE HUMAN LANDSCAPE
ACRYLIC ON CANVAS | 48" X 84"





THE GAME | ACRYLIC ON CANVAS | 20" X 24"



HORSE SUGAR POT | ACRYLIC ON CANVAS | 20" X 24"



HORSE MASK | ACRYLIC ON CANVAS | 20" X 24"



MESSENGER | ACRYLIC ON CANVAS | 12" DIAMETER



MESSENGER | ACRYLIC ON CANVAS | 12" DIAMETER



MESSENGER | ACRYLIC ON CANVAS | 12" DIAMETER



PATTERNS OF MIND 1 | ACRYLIC ON CANVAS | 14" X 11"



PATTERNS OF MIND | ACRYLIC ON CANVAS | 14" X 11"



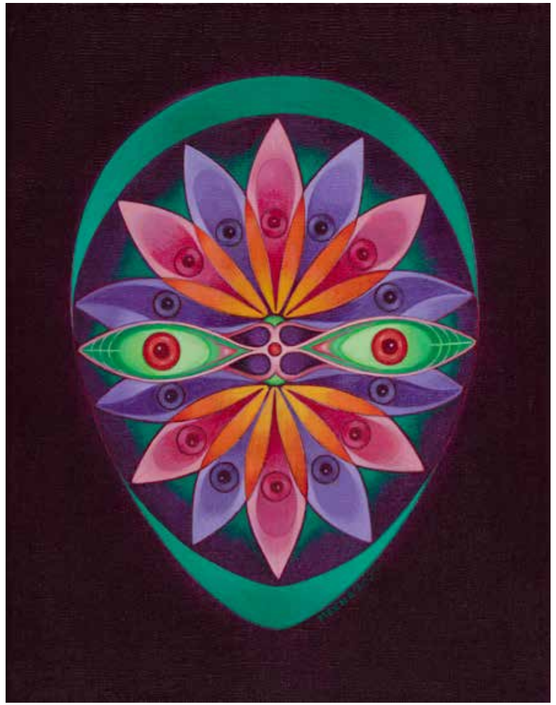
PATTERNS OF MIND | ACRYLIC ON CANVAS | 14" X 11"



PATTERNS OF MIND | ACRYLIC ON CANVAS | 14" X 11"



PATTERNS OF MIND | ACRYLIC ON CANVAS | 14″ X 11″



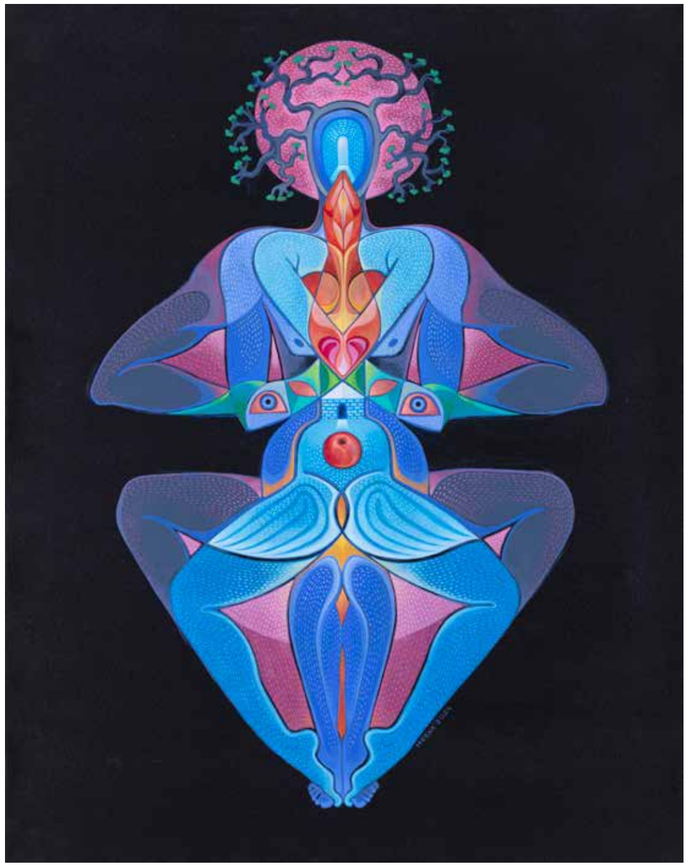
PATTERNS OF MIND | ACRYLIC ON CANVAS | 14″ X 11″



HORSE FLOWER | ACRYLIC ON CANVAS | 24″ X 24″

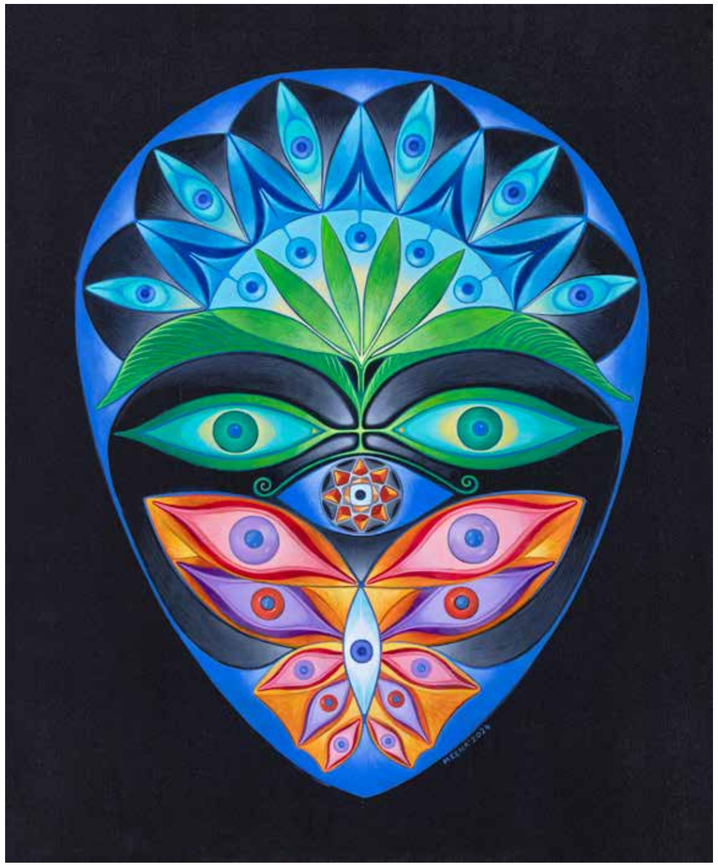
THE ELEMENTS (ALLEGORY) | ACRYLIC ON CANVAS | 18" X 24"





AN ABODE | ACRYLIC ON CANVAS | 30" X 24"

ALLEGORY | ACRYLIC ON CANVAS | 30" X 24"





HUMAN FLOWER | ACRYLIC ON CANVAS | 36" X 24"



REFLECTIONS | ACRYLIC ON CANVAS | 36" X 24"



COSMIC PATTERN - THE ETERNAL FLAME | ACRYLIC ON CANVAS | 36" X 30"

ABOVE AND BEYOND
ACRYLIC ON CANVAS | 60" X 48"

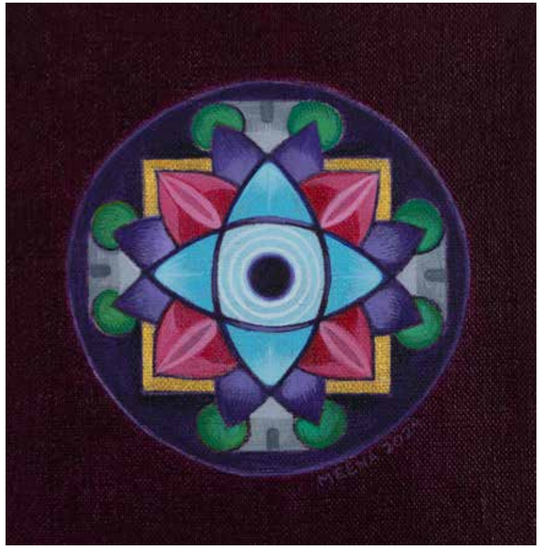




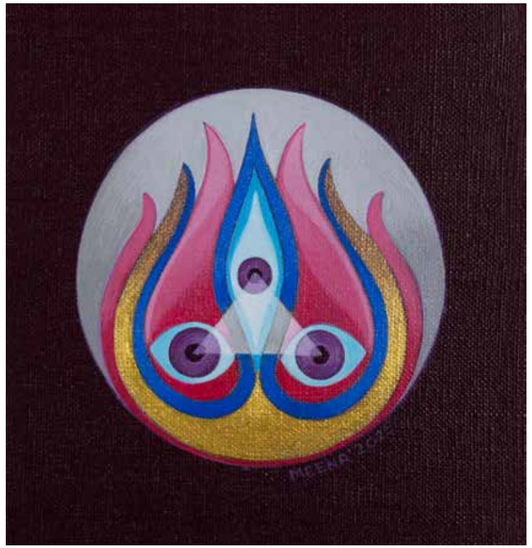
PATTERN OF THE MIND| ACRYLIC ON CANVAS | 6" X 6"



UNTITLED| ACRYLIC ON CANVAS | 6" X 6"



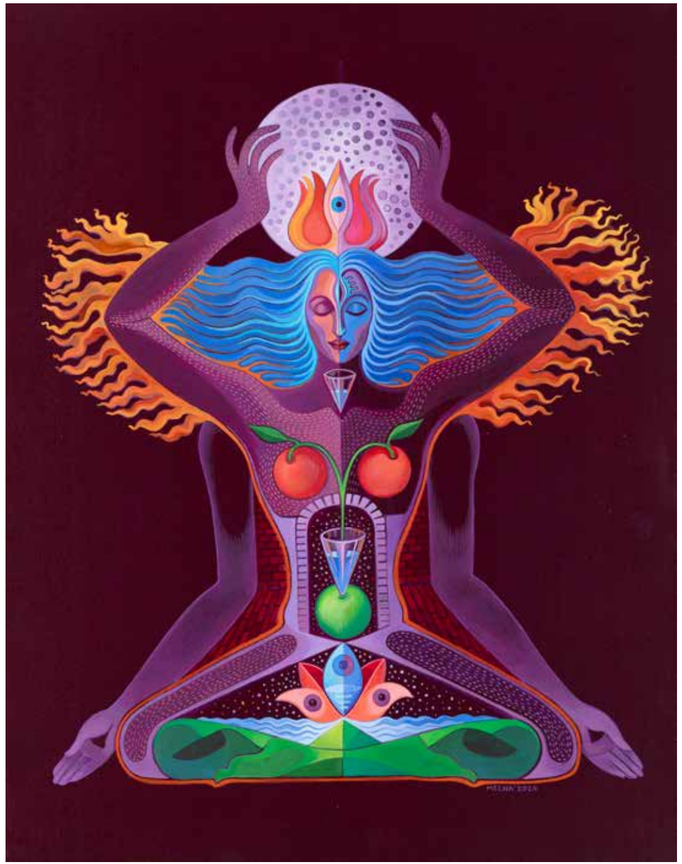
PATTERN OF THE MIND | ACRYLIC ON CANVAS | 6" X 6"



UNTITLED | ACRYLIC ON CANVAS | 6" X 6"



REVELATION | ACRYLIC ON CANVAS | 26" X 48"



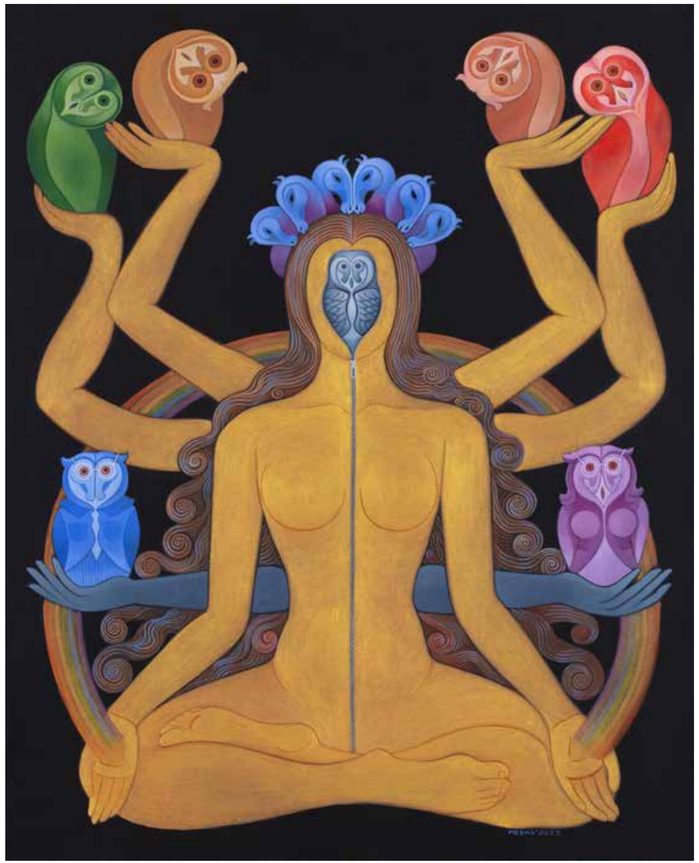
THE ELEMENTTS OF NATURE
ACRYLIC ON CANVAS | 30" X 24"

THE COMPANION | ACRYLIC ON CANVAS | 48" X 60"





THE ETERNAL GARDEN
ACRYLIC ON CANVAS | 36" X 30"



THE MADAME OWL
ACRYLIC ON CANVAS | 30" X 24"

TRIPLE GODDESS-THE SACRED BOND
ACRYLIC ON CANVAS | 48" X 72"





DIVINE MANIFESTATION THE MOTHER
{COSMIC PATTERN-THE ETERNAL FLAME}
ACRYLIC ON CANVAS | 72" X 60"



PORTRAIT OF THE MADAME OWL | ACRYLIC ON CANVAS | 24" X 18"

FLOWER STORY | ACRYLIC ON CANVAS | 24" X 18"




WATERCOLOUR ON PAPER



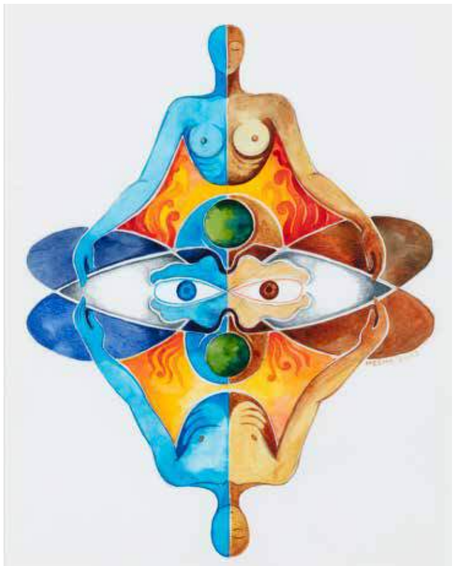
THE APPLE TREE | WATERCOLOR ON PAPER | 22" X 15"



THE HORSE RIDER | WATERCOLOR ON PAPER | 22" X 15"



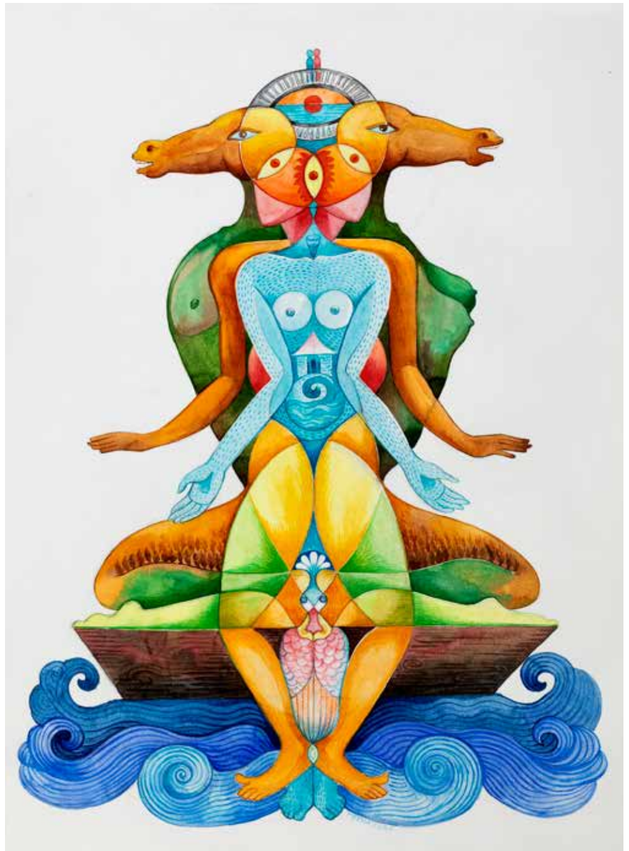
HORSE OF THE MIND | WATERCOLOR ON PAPER | 22" X 15"



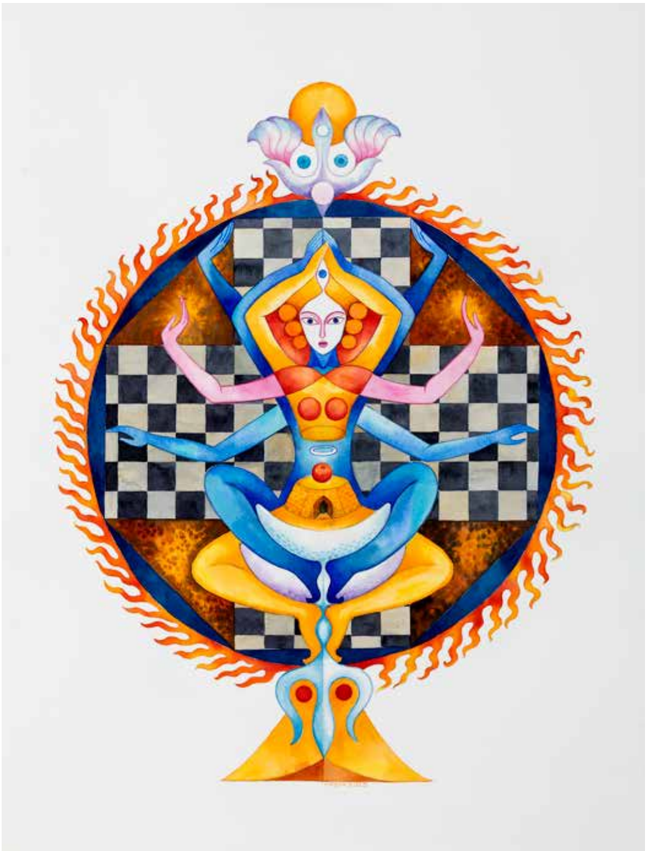
MIRROR OF THE MIND | WATERCOLOR ON PAPER | 16" X 12.5"

YOGINI | WATERCOLOR AND GOLD LEAF ON PAPER | 30" X 22"





THE BRIDGE (HORSE OF THE MIND)
WATERCOLOR ON PAPER | 30" X 22"



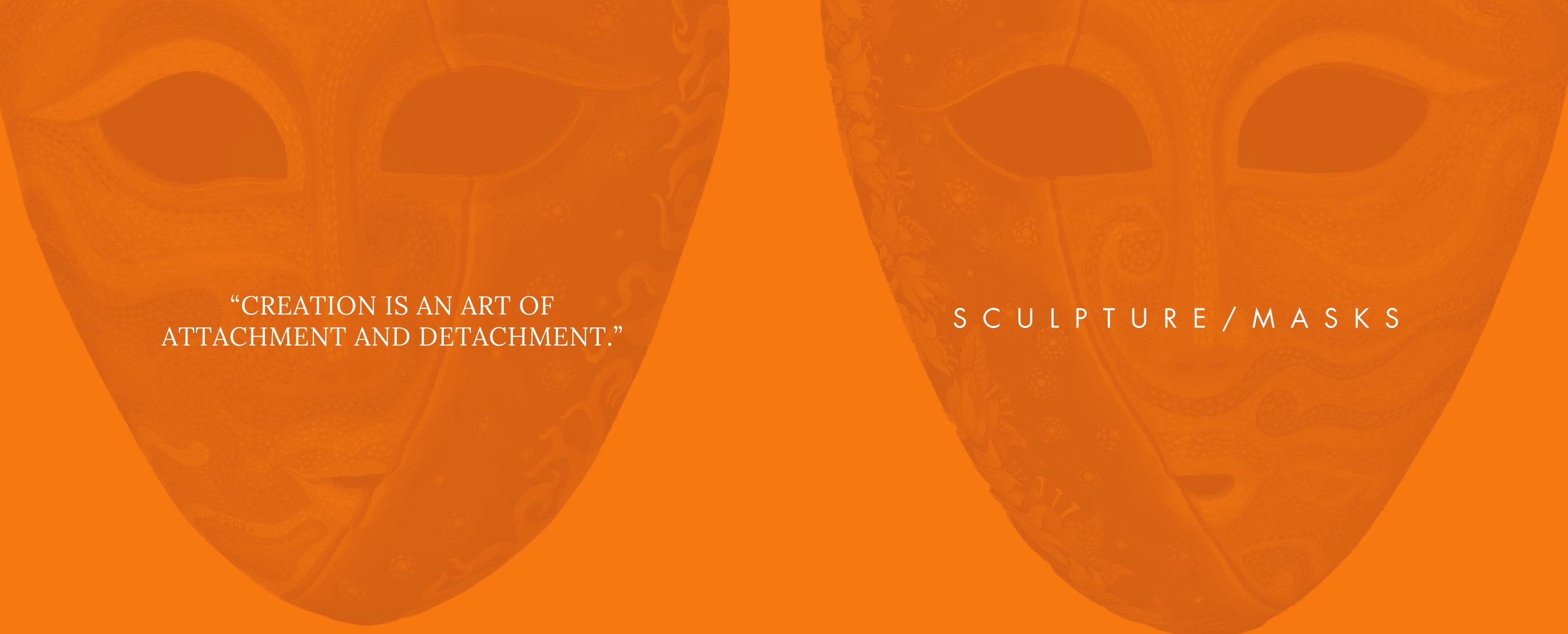
THE GAME | WATERCOLOR ON PAPER | 30" X 22"



THE ETERNAL GARDEN (SERIES) | WATERCOLOR AND GOLD LEAF ON PAPER | 22″ X 30″



THE ETERNAL GARDEN (SERIES) | WATERCOLOR ON PAPER | 22″ X 30″



“CREATION IS AN ART OF
ATTACHMENT AND DETACHMENT.”

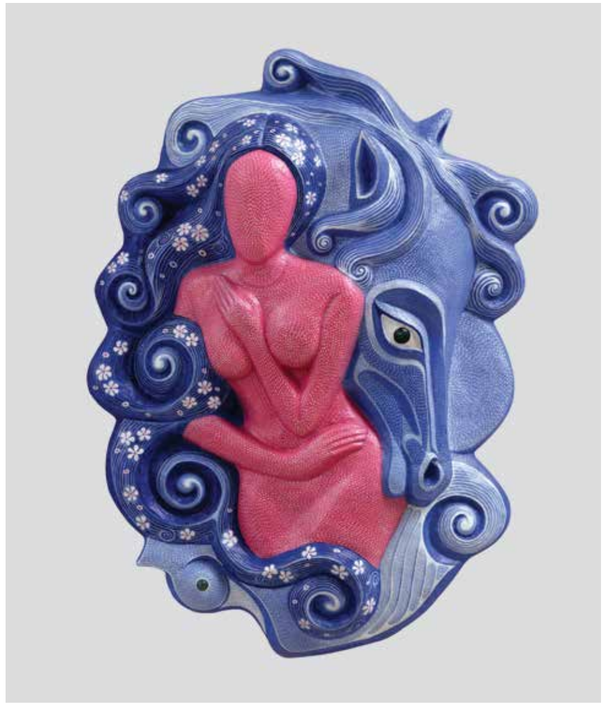
SCULPTURE / MASKS



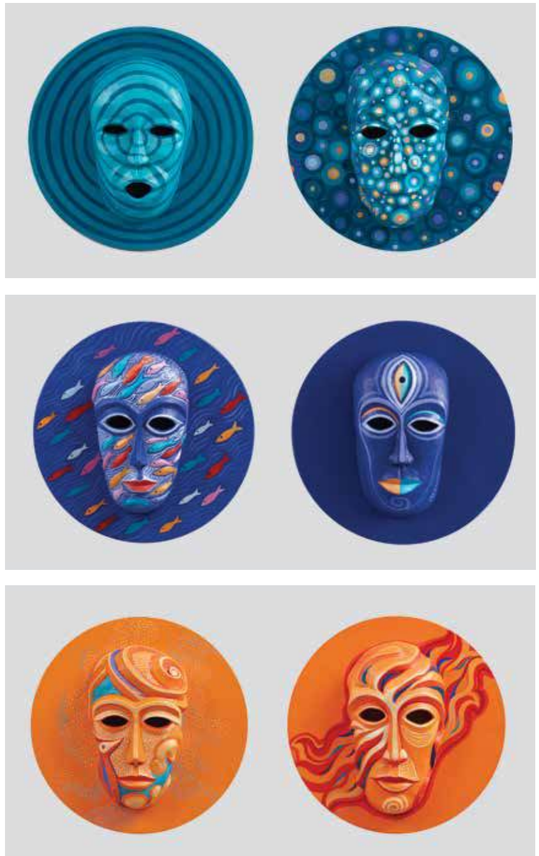
DREAM MASK (THEATRE OF MIND SERIES) | 24" X 18" X 5" | ACRYLIC ON PAPERMACHE



FIVE ELEMETS OF NATURE- THE MASK | 60" X 48" X 24" | ACRYLIC ON PAPERMACHE



UNTITLED | 28" X 21" X 5" | ACRYLIC AND MARBLES ON PAPERMACHE



UNTITLED | 12" DIAMETER EACH
ACRYLIC AND PAPERMACHE ON CANVAS



UNTITLED | 12" DIAMETER EACH
ACRYLIC AND PAPERMACHE
ON CANVAS



UNTITLED | 16" X 16" X 4" | ACRYLIC ON PAPERMACHE



TWIN EARTH | 14" X 20" X 4" MASKS FRAME SIZE 25.5" X 33.2"
ACRYLIC, MARBLES, PAPERMACHE ON WOOD

FOREST | 84" X 18" X 7"
ACRYLIC, MARBLES, PAPERMACHE
ON WOOD









UNTITLED | 22.5" DAIMETER | ACRYLIC ON PAPERMACHE WITH EMBEDDED RESIN BEADS



UNTITLED | 23.5" X 21.5" | ACRYLIC ON PAPERMACHE RELIEF MOUNTED ON PLY BOARD



UNTITLED | 13" X 9" X 4" EACH | ACRYLIC ON PAPERMACHE



UNTITLED | 13" X 9" X 4" EACH | ACRYLIC ON PAPERMACHE



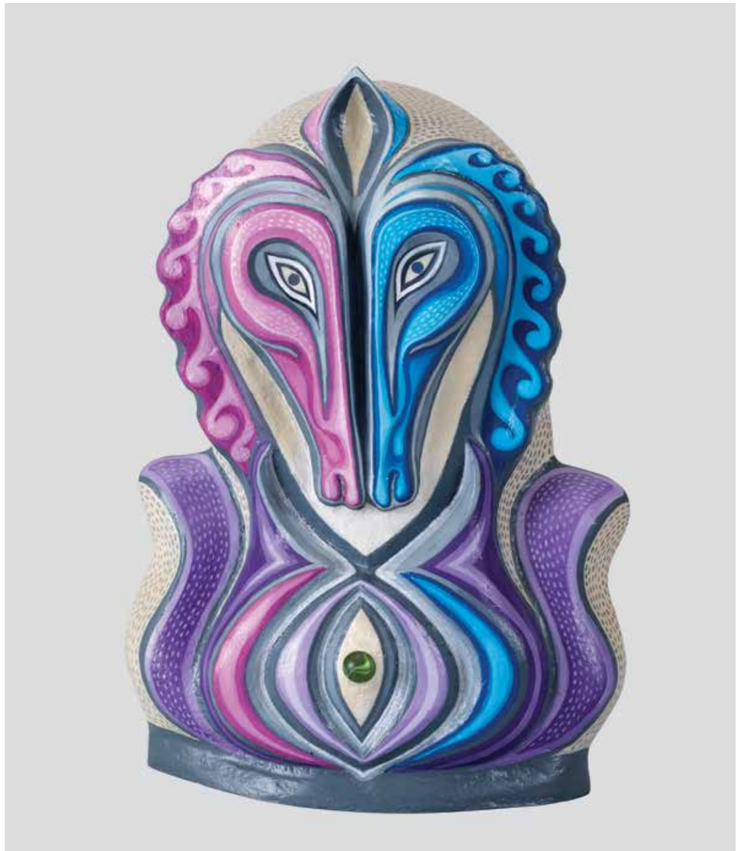
UNTITLED | 15" X 11" X 4"
SET OF THREE | ACRYLIC
ON PAPERMACHE



UNTITLED | 13" X 9" X 4" EACH
ACRYLIC ON PAPERMACHE



UNTITLED | 24" X 18" X 5"
ACRYLIC ON PAPERMACHE



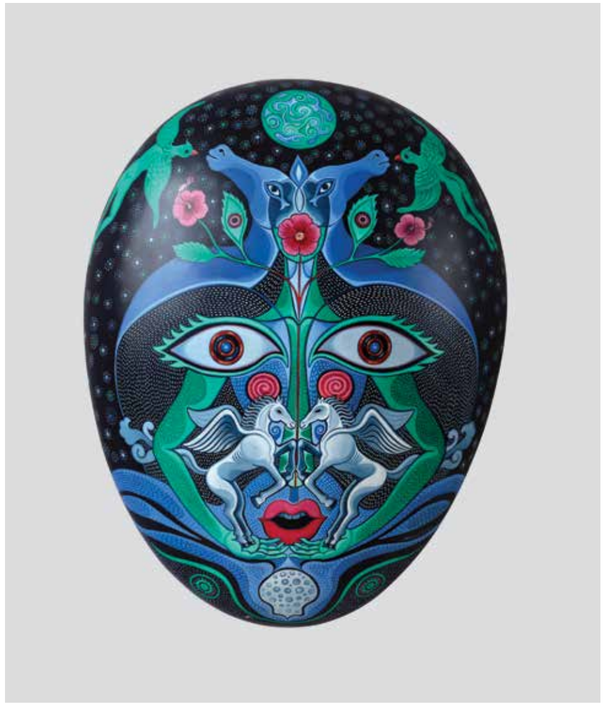
UNTITLED | 13" X 10" X 6"
ACRYLIC AND MARBLES ON PAPERMACHE



CRADLE | 16″ X 16″ X 7″
ACRYLIC AND MARBLES ON PAPERMACHE



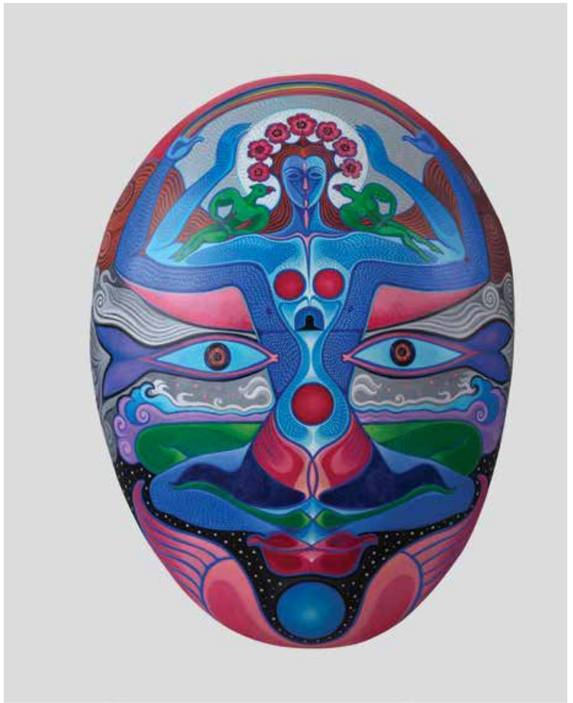
MADAME OWL AND THREE OWLETS
24″ X 18″ X 14″ | ACRYLIC AND MARBLES ON PAPERMACHE



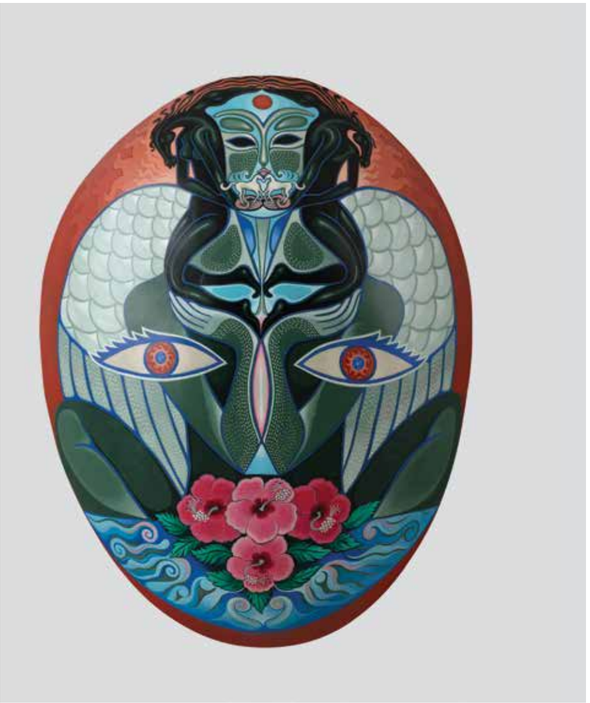
POLYMORPHIC DREAM (THEATRE OF MIND SERIES)
24" X 18.5" X 5" | ACRYLIC ON FIBREGLASS



THEATRE OF MIND SERIES | 24" X 18.5" X 5" | ACRYLIC ON FIBREGLASS



THEATRE OF MIND SERIES | 25" X 19" X 6" | ACRYLIC ON PAPERMACHE



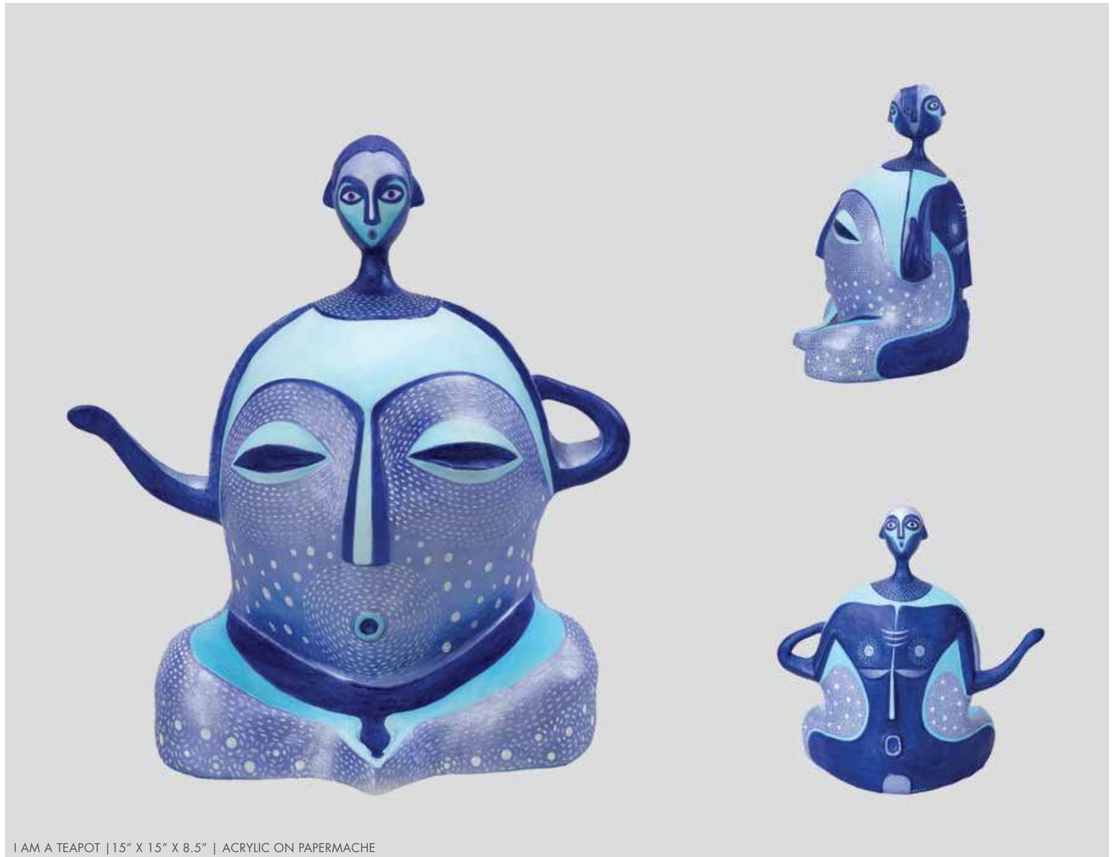
THEATRE OF MIND SERIES | 25" X 19" X 6" | ACRYLIC ON PAPERMACHE



ACOUSTIC DREAM | 24" X 10" X 10"| ACRYLIC AND MARBLES ON PAPERMACHE



CHEST OF DRAWER | 16" X 11" X 5" | ACRYLIC ON PAPERMACHE



I AM A TEAPOT |15" X 15" X 8.5" | ACRYLIC ON PAPERMACHE



TROPHY | 16.5" X 11" X 5.5" | ACRYLIC ON PAPERMACHE



MANDOLIN | 23" X 11" X 4" | PAPERMACHE, MARBLE, AND ACRLYIC PAINT



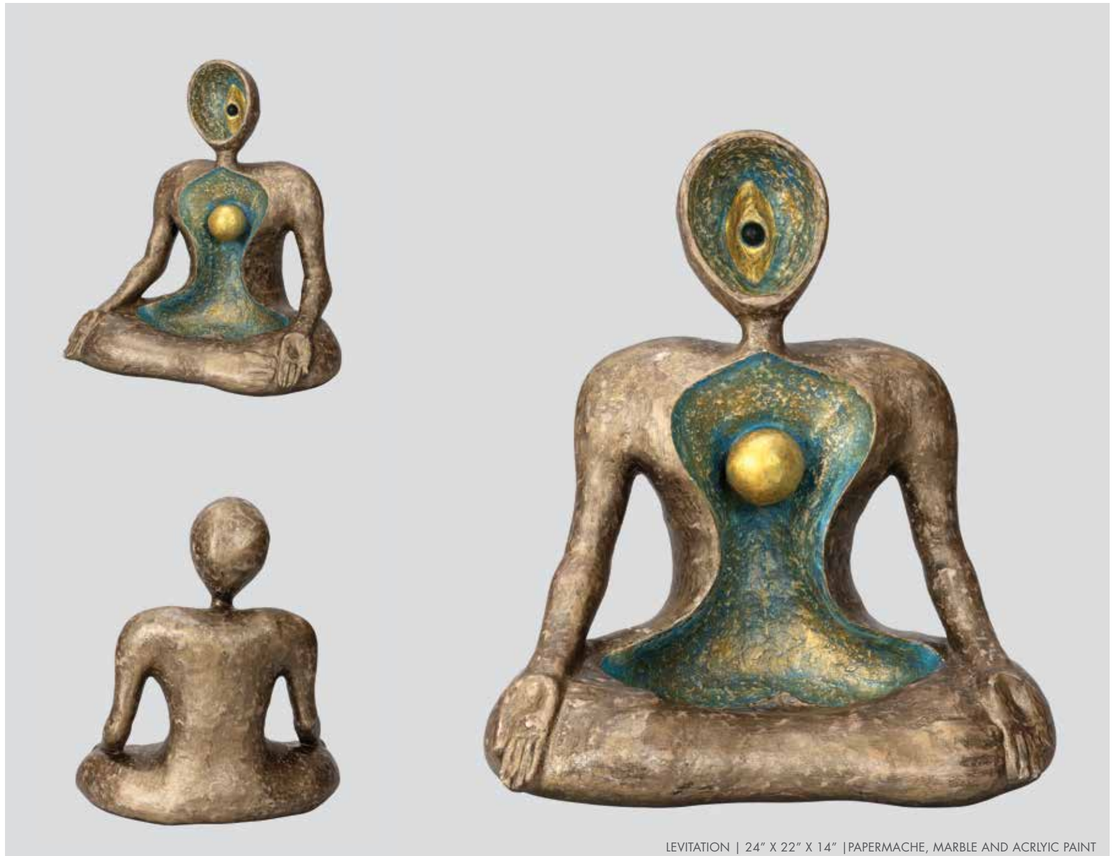
TRANCE | 36" X 12" X 7" | POLYMERS, FIBREGLASS AND ACRYLIC PAINT



HORSE OF THE MIND | 20" X 12" X 12"
PAPERMACHE AND ACRLYIC PAINT



MADME OWL | 24" X 21" X 10" | POLYMERS, FIBREGLASS AND ACRLYIC PAINT



LEVITATION | 24" X 22" X 14" |PAPERMACHE, MARBLE AND ACRLYIC PAINT



UNTITLED | 32" X 10" X 4"
ACRYLIC MARBLES ON PAPERMACHE



UNTITLED | 32" X 10" X 4"
ACRYLIC MARBLES ON PAPERMACHE



MEENA SANSANWAL

Meena Sansanwal, born in 1971, received her graduation as well as post graduation degree in painting from Delhi college of Art in the year 1994 and 1997 respectively.

Meena strongly believes that there is an innate vital sense that urges her to paint. She is greatly inspired to channel her imagination by employing bright colours and patterns with themes drawn from culture and popular illustration-like imagery. Her vibrant, intuitive practice draws on Indian cultural motifs, folk traditions, and popular illustration styles. Her richly patterned, symbolic works blend playfulness with emotional depth, creating fantastical yet familiar worlds. Using vivid colours and stylised forms, she explores imagination, memory, and the subconscious.

Rooted in traditional craft yet contemporary in tone, her paintings reflect an ongoing dialogue between inner narrative and cultural memory. Meena's work explores the union of nature and the universe as a source of energy, vibration, and rhythm— mirroring the organic flow of time and space. Through polymorphic and biomorphic forms, she expresses patterns of the subconscious mind using symmetry, abstraction, repetition, and reflection. Her practice symbolizes a portal into the eternal garden of the mind—where natural elements, dreamscapes, and imagined forms converge. Drawing from meditation, fantasy, and inner landscapes, her art becomes a cathartic process, revealing the interconnectedness of body, mind, and soul.



ABOUT NAMTECH FINE ART

Namtech Fine Art is committed to fostering a wider appreciation for Indian Modern and Contemporary Art through thoughtfully curated publications. With a focus on producing high-quality books, catalogues, and critical writings, the initiative seeks to document, preserve, and illuminate the diverse practices and legacies of Indian artists. Through its publishing efforts, Namtech Fine Art cultivates a rich dialogue between artistic heritage and contemporary thought, offering a platform that connects scholars, collectors, and wider audiences to the evolving narrative of Indian art.

ABOUT BLACK CUBE

Black Cube Gallery is a modern and contemporary art space that challenges conventional hierarchies by bringing together established and emerging artists in a shared dialogue. Founded on the belief that art should exist beyond structured divisions, Black Cube creates a space where different artistic languages interact, where tradition and experimentation coexist, and where critical discourse is extended to all artists, not just the historically recognized. The gallery remains committed to fostering meaningful engagement with contemporary art, offering exhibitions that challenge, provoke, and expand the way we experience visual culture. At its core, Black Cube is more than a gallery—it is a space of exchange, experimentation, and new possibilities for artistic thought and presentation.





